

## RECITING THE SHEMA

Now this is the commandment, the statutes and the judgments which the Lord your God has commanded me to teach you, that you might do them in the Land where you are going over to possess it, so that you and your son and your grandson might fear the Lord your God, to keep all His statutes and His commandments which I command you, all the days of your life, and that your days may be prolonged. O Israel, you should listen and be careful to do it, that it may be well with you and that you may multiply greatly, just as the Lord, the God of your fathers, has promised you, in a land flowing with milk and honey.

*Hear O Israel, the Lord our God, the Lord is One. Blessed be His glorious Majesty forever and ever!*

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה

אֶחָד.

בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד!

*Shema Yisrael Adonai Elohaynu Adonai echad. Baruch shem kivod Malchuto l'olam va-ed!*

וְאֶהְבֶּתָּ אֶת יְהוָה אֱלֹהֶיךָ בְּכָל לִבְבְּךָ  
וּבְכָל נַפְשְׁךָ וּבְכָל מְאֹדְךָ. וְהָיוּ הַדְּבָרִים  
הָאֵלֶּה אֲשֶׁר אָנֹכִי מְצַוְּךָ הַיּוֹם עַל לִבְבְּךָ.  
וּשְׁנַנְתָּם לְבָנֶיךָ וְדִבַּרְתָּ בָּם בְּשַׁבְּתְךָ בְּבֵיתְךָ  
וּבְלִכְתְּךָ בַדֶּרֶךְ וּבְשֹׁכְבְךָ וּבְקוּמְךָ.  
וּקְשַׁרְתָּם לְאוֹת עַל יָדְךָ וְהָיוּ לְטֹטְפוֹת בֵּין  
עֵינֶיךָ. וּכְתַבְתָּם עַל מְזֻזוֹת בֵּיתְךָ  
וּבְשַׁעְרֶיךָ.

*V'ahavta et Adonai Elohecha b'chol l'avvcha, u'v'chol  
nafsh'cha, u'v'chol m'odecha. V'ha-yu hadvareem ha-eh-leh  
asher anochee m'tzavcha ha-yom al l'avvecha. V'shee-  
nantam l'vanecha v'deebarta bam b'sheev-t'cha b'vaytecha  
uv'lech-t'chah vaderech uv'shoch-b'cha uv'kumecha.  
Uk'shartam l'ot al yadecha v'hayoo l'totafot bayn aynecha.  
Uch'tavtam al m'zuzot baytecha u'veesh-arecha.*

**You shall love the Lord your God with all your heart and with all your soul and with all your might. These words, which I am commanding you today, shall be on your heart. You shall teach them diligently to your sons and talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up. You shall bind them as a sign on your hand and they shall be as a symbol on your forehead. You shall write them on the doorposts of your house and on your gates.**