

## RECITING THE SHEMA

**There is One Body and One Spirit - just as we were called to One Hope when we were called - One Lord, One Faith, One Baptism, One God and Father of all who is over all and through all and in all. Therefore, let us confess our faith in the One God - Father, Son and Holy Spirit, and pledge our lives to love Him completely, as we recite the words of the Shema:**

שְׁמַע יִשְׂרָאֵל יְהוָה אֶחָד.  
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד!

*Shema Yisrael Adonai Elohaynu Adonai echad.  
Baruch shem kivod malchuto l'olam va-ed!*

*Hear O Israel, the Lord our God, the Lord is One.  
Blessed be His glorious Majesty forever and ever!*

וְאָהַבְתָּ אֶת יְהוָה אֱלֹהֶיךָ בְּכָל לִבְבְּךָ וּבְכָל  
נַפְשְׁךָ וּבְכָל מְאֹדְךָ. וְאָהַבְתָּ לְרֵעֶךָ כָּמוֹךָ.

*V'ah-hav-ta et Adonai Elohecha b'chol l'vav-cha  
u'v'chol naf-sh'cha u'v'chol me'oh-de-cha.  
V'ah-hav-ta l'reh-ah-cha ka-mo-cha.*

*And you shall love the Lord your God with all your heart,  
and with all your soul, and with all your might. And you shall  
love your neighbor as yourself. Yeshua taught us that all of the  
Torah and the Prophets depend on these two commandments.*