

## SHABBAT AMIDAH

אֲדַנִּי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ!

O Lord, open my lips, that my mouth may declare Your praise!

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, אֱלֹהֵי  
אַבְרָהָם, אֱלֹהֵי יִצְחָק וְאֱלֹהֵי יַעֲקֹב.

Blessed are You, O Lord our God, and God of our fathers, God of Abraham, God of Isaac and God of Jacob; glorious Father of our Lord Yeshua the Messiah; the great, mighty and awesome God, the most high God, who bestows steadfast love and goodness and is Master of all, who remembered the good deeds of the fathers and brought a Redeemer to their children. O our King, Helper, Savior and Shield, blessed are You, O Lord, Shield of Abraham!

אַתָּה גִבּוֹר לְעוֹלָם יְהוָה.  
מְחַיֶּה מֵתִים. אַתָּה רַב לְהוֹשִׁיעַ!

You are mighty forever, O Lord! You bring to life the dead! You are mighty to save! You sustain the living with steadfast love. You bring the dead to life with great mercy; You support the sick; You free the captives and are faithful to those who sleep in the dust. Who, is like You, O Lord of might? Who can be compared to You, O King? You cause death and cause life, and make salvation flourish. You are faithful to bring the dead to life. Blessed are You, O Lord, who raises the dead!

נְקַדֵּשׁ אֶת שְׁמֶךָ בְּעוֹלָם!

Lord, enable us here on Earth to give You the same manner of reverence You receive in the highest Heavens! There the seraphim on high fulfill with awe and reverence the will of their Creator, willingly serving You, and with one voice they keep calling to one another:

קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ יְהוָה צְבָאוֹת!  
מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ!

Kadosh, kadosh, kadosh Adonai tz'va-ot! M'lo chol ha'aretz k'vodo!  
Holy, holy, holy is the Lord of hosts! The whole Earth is full of His glory!  
With a great and thunderous sound the cherubim make their voices heard,  
and rising toward the seraphim they respond with praise and say:

בְּרוּךְ כְּבוֹד יְהוָה מִמְּקוֹמוֹ!

Baruch k'vod Adonai meem-ko-mo! Blessed be the glory of the Lord from  
His place! As You reign in Heaven, O Lord of hosts, so may You reign on  
Earth, in fulfillment of the words of David Your anointed one:

יְמִלֶּךְ יְהוָה לְעוֹלָם, אֱלֹהֵיךָ צִיּוֹן לְדוֹר וָדוֹר; הַלְלוּיָהּ!

Yeem-loch Adonai l'olam, Elo-hai-yeech Tzion l'dor va-dor; Hallelu- Yah!  
The Lord shall reign forever, your God O Zion, for all generations; praise  
the Lord! In every generation we will tell of Your greatness, and in every  
age proclaim Your holiness, for You are a great God and King. Blessed are  
You, O Lord, the holy God!

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת,  
לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדוֹתָם בְּרִית עוֹלָם.

The children of Israel will keep the Sabbath, observing the Sabbath  
throughout their generations as an everlasting covenant. It is a sign between  
God and the children of Israel forever, because in six days the Lord made  
the heavens and the Earth, and on the seventh day He rested and was  
refreshed. You made it the most desirable of days, in memory of Your work  
of creation.

You also gave us the Sabbath to remind us of our salvation out of Egypt,  
and our salvation in Messiah Yeshua, the Lord of the Sabbath, who gives  
Sabbath rest to all who believe in Him. Send soon our righteous Messiah,

and with Him bring Sabbath rest to Israel, and salvation to all the nations of the world. Grant us, O Lord our God, to forever participate in Your Sabbath as part of our joyous inheritance. Blessed are You, O Lord, who blessed the Sabbath and set it apart from the other days.

**רְצֵה יְהוָה אֱלֹהֵינוּ בְּעַמְּךָ יִשְׂרָאֵל וּבְתַפְלָתָם.**

Be pleased, O Lord our God, with Your people Israel, and cause us to turn to You, acknowledge Messiah Yeshua, and receive the Holy Spirit. Then You will receive once again the true and heartfelt prayers and worship of the people of Israel. Restore true worship to Your holy Temple in Jerusalem. May our eyes behold Your return to Zion with mercy! May Your kingdom soon come, and may Your will be done on Earth as it is done in Heaven! Blessed are You, O Lord, who will return Your presence to Zion!

**מוֹדִים אֲנַחְנוּ לָךְ שָׂאתָה הוּא  
יְהוָה אֱלֹהֵינוּ וְאֵלֵהֵי אֲבוֹתֵינוּ לְעוֹלָם וָעֶד!**

We thank You, O Lord our God, for You are our fathers' God for all eternity! You alone are our Rock and our Shield that saves in every generation! We thank You for all Your tender care. We trust our lives into Your loving hand. We are always in Your keeping; Your wonders and miracles are with us daily - evening, morning and noon. O You, who are all-good, whose mercies never fail, O Compassionate One, whose faithful love never ceases, we always hope in You. Blessed are You, O Lord, for your infinite goodness, and to whom it is pleasant to give thanks!

**שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה חֵן וְחֶסֶד וְרַחֲמִים עָלֵינוּ  
וְעַל כָּל יִשְׂרָאֵל!**

Grant peace, goodness, blessing, grace, kindness and mercy to us, to the Jewish people, to all people everywhere, and especially to Messiah's Holy Community! Bless us our Father with the light of Your Face! May it be good in Your eyes to bless us at all times and in all years with Your peace. Blessed are You, O Lord, who blesses us with peace!